

SDWCA Youth Weight Classes

(Districts, Regions, State)

Grade: Pre K-2nd	Grade: 3rd-5th	Grade: 6th-8th	Grade: 9th-12th							
Girls	Girls	Girls	Girls	Tots	Bantam	Midget	Novice	Schoolboy	Cadet	Elite
A	B	C	HS	6-Under	7-8	9-10	11-12	13-14	15-16	Enrolled 9-12
35	58	73	95	37	40	50	60	70	88	100
40	65	82	100	40	44	53	64	75	94	106
45	73	91	106	43	47	56	68	80	100	113
50	82	100	112	46	50	59	72	85	106	120
55	91	110	118	49	53	63	77	90	113	126
63	100	120	124	53	57	67	82	95	120	132
75	115	130	130	57	61	72	87	100	126	138
HWT	130	140	138	67	65	77	93	105	132	145
	HWT	150	148	HWT	70	82	100	110	138	152
		HWT	160		76	89	108	115	145	160
			185		83	96	117	120	152	170
			HWT		91	104	127	125	160	182
					HWT	113	138	130	170	195
						123	150	140	182	220
						134	175	150	195	285
						HWT	HWT	160	220	
								180	285	
								215		
								HWT		
Folkstyle	Folkstyle	Folkstyle	Folkstyle	Folkstyle	Folkstyle	Folkstyle	Folkstyle	Folkstyle	Freestyle	Freestyle
8 classes	9 classes	10 classes	12 classes	9 classes	13 classes	16 classes	16 classes	19 classes	17 classes	15 classes
Wrestlers need to make weight SAME weight for Districts, Regions, & State										