

2020 SDWCA District 5 AAU Wrestling Tournament

- DATE:** Saturday, March 7th, 2020
- TIME:** 7:00-9:00 am Weigh-ins
7:00-9:30 am Breakfast available
9:30 am Coaches meeting
10:00 am Wrestling begins
- LOCATION:** Howard High School, 500 North Section Line Howard, SD
- CONTACT:** Sara Miller or Ryan Miller email: sara.miller@k12.sd.us
phone: 605-350-4184 or 605-480-3012
- TEAMS:** Rosebud, Howard, Chamberlain, Winner, Colome, Kimball, Miller, Wessington Springs, Woonsocket, Plankinton, Mitchell, Mount Vernon, Crow Creek, Lower Brule, Todd Co
- PRE-REGISTRATION:** Pre-register on www.trackwrestling.com Search 2020 SDWCA District 5 Tournament. Pre-registration will close at 10 pm on Thursday, March 5th.
- ENTRY FEE:** \$10 Per Wrestler
\$5 Adults
\$3 Students
\$25 Coaches (\$5 admission, \$10 wristband, \$10 SDWCA stamp)
Coaches must have an AAU card
- AGES & WEIGHTS:** Wrestlers are required to show AAU cards when checking in. AAU wrestler and coaches cards will not be sold the day of the tournament.

Boys Division: (Bring birth certificate for proof of age, if challenged)

Tots (born in 2014 and after) 37-40-43-46-49-53-57-HWT

Bantam (born in 2012 & 2013) 40-44-47-50-53-57-61-65-70-76-83-91-HWT

Midgets (born in 2010 & 2011) 50-53-56-59-63-67-72-77-82-89-96-104-113-123-134-HWT

Novice (born in 2008 & 2009) 60-64-68-72-77-82-87-93-100-108-117-127-138-150-HWT

Schoolboy (born in 2006 & 2007) 70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-HWT

Girls Division: (Bring school report card for proof of grade, if challenged)

A.(Grades PK-2) 35-40-45-50-55-60-HWT

B.(Grades 3-5) 58-65-73-82-91-100-HWT

C.(Grades 6-8) 73-82-91-100-115-130-HWT

Wrestlers placing in the top 8 in each weight class will qualify for the 2020 SDWCA Region 3 Tournament which will be held in Mitchell, SD on March 14th.

Concessions: Breakfast and concessions will be available—NO COOLERS ALLOWED!!

District T-shirts will be available for purchase from 3X GEAR for \$15 with either check or cash

Inclement weather announcements will be made on Dakota Grappler

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.