



PROCEEDS BENEFIT SDWCA AND SD WRESTLING



SOUTH DAKOTA AAU TOURNAMENT

LOCATION: Legends of Gold, 47256 SD Hwy 46 Beresford, SD 57004

SOUTH DAKOTA RESIDENTS ONLY.

MUST ATTEND SOUTH DAKOTA SCHOOL DISTRICT

SUNDAY, JANUARY 31ST

(4-man round robin)

LIMIT 250 WRESTLERS PER DIVISION

NO WEIGH IN/HONOR WEIGHT (\$50 WEIGHT CHALLENGE)

MUST BE WITHIN 3 POUNDS OF WRITTEN WEIGHT

ONLY \$20.00

(two spectators per wrestler, admission \$5 each) Coaches band \$10 includes admission

MORNING SESSION

TOTS | BANTAM | MIDGET

WRESTLING STARTS AT 9 AM

AFTERNOON SESSION

NOVICE | SCHOOLBOY | GIRLS DIVISION

WRESTLING STARTS AT 3 PM

(Bring report card for proof of grade, if challenged)

GIRLS (PRE K- 2nd) 35-40-45-50-55-60-HWT

GIRLS (3RD-5TH) 58-65-73-82-91-100-HWT

GIRLS (6TH-8TH) 73-82-91-100-115-130-HWT

ONLINE REGISTRATION ONLY

DEADLINE TO REGISTER ONLINE IS AT NOON ON JANUARY 29TH

AAU CARDS REQUIRED | COACHES AAU CARD REQUIRED

COVID GUIDELINES

Other information: Athletes and spectators will require temp check. Anyone over 99.9 will need separate clearance from onsite personnel. We highly suggest people with cough, sore throat or flu like illness or over the ages of 60 not be in attendance.

We suggest that Spectator's use social distancing and wear masks if possible.

Wrestlers won't do coaches handshakes after. Officials will not raise winners hand, wrestlers will do it on their own. Medical grade foam will be used prior to matches and available to each wrestler. We WILL follow the local guidelines at the time of the event. These rules are subject to change.

Concessions: Available all-day including breakfast. No outside coolers or drinks are allowed in the arena.

For additional information contact: Terry Pack | tpack@lagnationaltraining.com

Phone 530-305-3186