

2019 SDWCA District 8 AAU Wrestling Tournament

Sioux Valley High School, Volga, South Dakota



- DATE:** Saturday, March 2nd, 2019
- TIME:** 8:00-9:30 AM Weigh In
7:30-10:00 AM Breakfast Available
9:30 AM Coaches Meeting
10:00 AM Wrestling Starts
- LOCATION:** Sioux Valley High School, 200 Hansina Ave., Volga, SD 57071
- HOST:** Sioux Valley Wrestling Club
- CONTACT:** Jayme Trygstad
Email: jayme.trygstad@gmail.com
Cell Phone: 605-695-1616
- PARTICIPANTS:** Arlington, Brookings, Chester, Colman, Dell Rapids, De Smet, Flandreau, Madison, Tri-Valley, and Sioux Valley
- ENTRY INFO:** **Entry Fees Payable to:** Sioux Valley Wrestling Club
\$10 PER Wrestler
\$5 Adults
\$3 Students
\$25 Coaches (**\$15 admission, \$10 SDWCA stamp**) **Coaches need an AAU card.**
- PRE-REGISTRATION:** Pre-register on www.trackwrestling.com
Click on browse. Click on tournaments. Search for 2019 SDWCA District 8
All wrestlers MUST Pre-register by midnight February 28th, 2019
- AGES & WIEGHTS:** **An AAU Card is required by all Participants and will be checked.**

Boys Division: (BIRTH CERTIFICATE, if challenged)
Tots (Born in 2013 & after) 37-40-43-46-49-53-57-HWT
Bantam (Born in 2011 & 2012) 40-44-47-50-53-57-61-65-70-76-83-91-HWT
Midgets (Born in 2009 & 2010) 50-53-56-59-63-67-72-77-82-89-96-104-113-123-134-HWT
Novice (Born in 2007 & 2008) 60-64-68-72-77-82-87-93-100-108-117-127-138-150-HWT
Schoolboy (Born in 2005 & 2006) 70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-HWT

Girls Division: (SCHOOL REPORT CARD, if challenged)
A (Grades Pre K-2) 35-40-45-50-55-60-HWT
B (Grades 3-5) 58-65-73-82-91-100-HWT
C (Grades 6-8) 73-82-91-100-115-130-HWT

CADETS (BORN in 2003 & 2004) will start wrestling at Regions and must PRE-REGISTER on Trackwrestling.com by Thursday March 7th.

Wrestlers placing in the **top 8** in each weight class will qualify for the 2019 SDWCA Region 4 Tournament which will be held in Watertown on March 9th.

CONCESSIONS: Breakfast and Concessions will be available – NO COOLERS ALLOWED.

Inclement Weather – Announcements will be made on DakotaGrappler.com

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.