

**2024 SDWCA District 8  
AAU Wrestling Tournament  
March 2, 2024  
Dell Rapids High School**



**DATE:** March 2<sup>nd</sup>, 2024

**TIMES:** 7AM-9AM Weigh-ins  
9:30AM Coaches Meeting  
10:00AM Wrestling Starts

**LOCATION:** Dell Rapids High School, 1216 Garfield Ave Dell Rapids, SD

**HOST:** Dell Rapids Youth Wrestling

**CONTACTS:** Brianna McLaughlin  
[youthwrestlingdellrapids@gmail.com](mailto:youthwrestlingdellrapids@gmail.com)

**PARTICIPANTS:** Brookings, Chester, Colman, Dell Rapids, Flandreau, Garretson, Madison, Sioux Valley, Tri-Valley

**ENTRY INFO:** Entry fees payable to: Dell Rapids Youth Wrestling

**\$15 PER Wrestler (AAU Card and Birth Certificate Required, Girls also need School Report Card) \$5 Adults  
\$3 Students  
\$25 Coaches (includes gate fee and SDWCA stamp)**

AGE and WEIGHTS:	GIRLS Division/BOYS Division
GIRLS TOTS(2018 & AFTER)	37-40-43-46-49-53-57-67-HWT
GIRLS BANTAM(2017 & 2016)	40-44-47-50-53-57-61-65-70-76-83-91-HWT
GIRLS MIDGET(2015 & 2014)	50-55-60-65-70-77-84-96-110-125-HWT
GIRLS NOVICE (BORN in 2013 & 2012)	60-66-72-80-90-100-110-120-130-160-HWT
SCHOOLGIRL(BORN in 2011 & 2010)	75-83-90-98-105-112-124-130-138-148-160-185
TOTS (BORN in 2018 and AFTER)	37-40-43-46-49-53-57-67-HWT
BANTAM (BORN in 2017 & 2016)	40-44-47-50-53-57-61-65-70-76-83-91-HWT
MIDGETS (BORN in 2015 & 2014)	50-53-56-59-63-67-72-77-82-89-96-104-113-123-134-HWT
NOVICE (BORN in 2013 & 2012)	60-64-68-72-77-82-87-93-100-108-117-127-138-150-175-HWT
SCHOOLBOY (BORN in 2011 & 2010)	70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-215-HWT

**Pre-register on Trackwrestling.com before 12:00 noon Friday March 1st**  
It is **STRONGLY** discouraged, but walk-ins are allowed the day of the Tournament

CADETS (BORN in 2009 & 2008) will start wrestling at Regions and must PRE-REGISTER on Trackwrestling.com by Thursday March 7th, at 11:59PM

Wrestlers placing in the TOP 8 in each weight class will qualify for the 2024 SDWCA Region 4 Tournament held March 9th at the Watertown High School

**Breakfast and Lunch Concessions will be served starting at 7:00AM---NO COOLERS ALLOWED**

District 8 T-shirts (\$20) will be available for purchase from 3X Gear with either cash or a check

Inclement weather announcements will be made on [dakotagrapppler.com](http://dakotagrapppler.com)

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.