

2024 SDWCA REGION 3 TOURNAMENT

Hosted by Mitchell Youth Wrestling Club

Location: The World's Only Corn Palace, 604 N Main St. Mitchell, SD 57301

Date: Saturday March 9, 2024

Schedule: 7:00 am - 9:00 AM Weigh-Ins (Must have an AAU card and Singlet)

8:00 am doors to the Corm Palace open.

9:40 am Coaches Meeting

10:00 am Anthem/Announcements/Wrestling Starts

Contact: Baker Haar baker.haar@k12.sd.us

Entry: **Tots-Schoolboy/Schoolgirl must qualify through district tournament.**

Cadets need to register on Trackwrestling.com by Thursday, March 7th, 11:59 pm.

http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=249630132

JUNIOR boys, JUNIOR girls and 16U girls will need to register for state on Trackwrestling.com

\$15 Wrestlers (Must have an AAU Card or USA Wrestling Card)

\$15 Coaches (Must have AAU Coaches Card with SDWCA Stamp)

\$10 SDWCA Stamp (Only if you did not get a stamp at Districts)

\$5 Adults

\$3 Students

Postponements and Cancellations will be made on the **Mitchell Wrestling** Facebook page or **Mitchell Youth Wrestling** Facebook page.

GIRLS	
Must make the same weight as districts.	
Tots (6 & Under)	37, 40, 43, 46, 49, 53, 57, 67, HWT
Bantam (7-8)	40, 44, 47, 50, 53, 57, 61, 65, 70, 76, 83, 91, HWT
Midget (9-10)	50, 55, 60, 65, 70, 77, 84, 96, 110, 120, 130, 160, HWT
Novice (11-12)	60, 66, 72, 80, 90, 100, 110, 120, 130, 160, HWT
Schoolgirl (13-14)	75, 83, 90, 98, 105, 112, 120, 130, 145, 160, HWT
BOYS	
Must make same weight as districts.	
Tots (6 & Under)	37, 40, 43, 46, 49, 53, 57, 67, HWT
Bantam (7-8)	40, 44, 47, 50, 53, 57, 61, 65, 70, 76, 83, 91, HWT
Midget (9-10)	50, 53, 56, 59, 63, 67, 72, 77, 82, 89, 96, 104, 113, 123, 134, HWT
Novice (11-12)	60, 64, 68, 72, 77, 82, 87, 93, 100, 108, 117, 127, 138, 150, 175, HWT
Schoolboy (13-14)	70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, 215, HWT
16U (Freestyle)	88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 190, 215, 285