



2024 SDWCA Region 4 AAU Wrestling Tournament

LOCATION: Watertown Civic Arena * 200 9th St NE * Watertown, SD 57201

DATE: Saturday, March 9th, 2024

TIMES: 8-10am- Weigh Ins (must weigh in a singlet, NO WEIGHT ALLOWANCE)

10am- Officials & table workers meeting (auxiliary gym)

10:15am- Club Reps Meeting to determine hosting in future years (auxiliary gym)

10:30am- Coaches Meeting (auxiliary gym)

11am- Wrestling Starts

Region 4: Arlington, Baltic, Britton/Hecla, Brookings, Chester, Clark/Willow Lake, Clear Lake, Dell Rapids, DeSmet, Flandreau, Garretson, Hamlin, Madison, Milbank, Sioux Valley, Sisseton, Tri-Valley, Watertown, Webster

ENTRY INFO: ***Must Qualify through District 7 or District 8 Tournaments unless you are in the U16 division. For U16 to compete at Region 4, wrestler MUST be enrolled and attend school in one of the above listed school districts.***

Clubs should email: arrowwrestling1@hotmail.com if club will be paying for athletes and/or coaches.

\$15 PER Wrestler * \$5 Adults * \$3 Students * \$15 Coaches (includes \$5 admission + \$10 floor pass lanyard, AAU Stamped coaches card required, additional \$10 for stamp day of Regions if not stamped at Districts. For U16/Freestyle coaches, USA card required but no stamp needed.) *AAU CARDS (& USA cards for freestyle) FOR ATHLETES & COACHES **CANNOT** BE PURCHASED AT THE EVENT!

AGES & WIEGHTS:

Tots-Schoolboy Boys & Girls **MUST** wrestle in same age group and weight class as qualified at Districts. If you do not make weight, you will be scratched from the tournament.

Boys U16 Division – Freestyle (USA CARD & BIRTH CERTIFICATE REQUIRED)

(Born in 2008 & 2009): 88-94-100-106-113-120-126-132-138-144-150-157-165-175-190-215-285

****Boys U16 MUST Pre-register on TrackWrestling by 11:59 PM, Thursday March 7th –NO WALK IN ENTRIES ACCEPTED!**

NOTE: Boys Juniors AND Girls HS Divisions will ONLY wrestle at State.

Top 3 place winners in each weight class of each age division will qualify for state tournament, **except** in Tots & Girls Tots, where the top 4 place winners will qualify for the state tournament. The state tournament will be held in Rapid City, March 15-17

For tournament related announcements (weather & etc), please join our Facebook group: **2024 SDWCA Region 4 AAU Wrestling Tournament**. We will also post announcements, if needed, on the Dakota Grappler online forum.

* This event is licensed by the Amateur Athletic Union of the U. S., Inc.

* All wrestlers must have a current AAU membership (or USA Wrestling membership for Cadets)

* AAU/USA membership is not included as part of the entry fee to the event.

* AAU/USA membership must be obtained before the competition begins

* BE PREPARED: Adult/Non-Athlete memberships for coaching are not instant. Allow up to 10 days for AAU membership & 3 weeks for USA.

* Memberships can be purchased on the AAU website www.aausports.org or, for Cadet/Freestyle wrestlers & coaches, cards can be purchased on the USA Wrestling website www.usamembership.com

FOR QUESTIONS CONTACT: SUSIE STROUP, 605-520-1058 (text preferred) or arrowwrestling1@hotmail.com